

Take out menu

Breakfast Sandwiches served until 2pm

Served in Ciabatta, Baguette, brown baguette, bagel, white or brown bread

Bacon or sausage	3.00	Bacon and egg	3.40
Sausage and egg	3.40	Sausage and cheddar	3.50
Bacon and mozzarella	3.50	Bacon and cream cheese	3.50
Breakfast	3.90	Bacon Lettuce and Tomato	3.40

If you want extra's bacon, sausage and egg are 50p each; mushrooms and fresh tomatoes are 40p each

Cold Sandwiches

Served in Ciabatta, Baguette, brown baguette, bagel, white or brown bread with or without salad

Egg Mayonnaise	2.80	Cheddar cheese	2.80
Cream cheese	2.80	Melted mozzarella	3.00
Prawn Cocktail	3.80	Tuna Mayonnaise	3.20
Tuna Melt	3.50	Roast Salmon	4.10
Smoked Salmon	4.10	Salmon plus cream cheese	4.40
Turkey Ham or beef	3.00	Chinese Chicken	3.20
Chicken and bacon mayo	3.20	Mexican Chicken	3.20
Chicken Mayo	3.20	Chicken Caesar	3.20
Chicken Tikka	3.20	Chicken and Bacon Caesar	3.70
Chicken Bacon and Pesto	3.80	Chicken, Salsa and mozzarella	3.60
Chicken, Salsa and sour cream	3.80		

Salad in a box

Caesar	3.20
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Mixed leaves, cherry tomatoes, freshly shaved parmesan cheese and crunchy croutons tossed in dressing of olive oil and balsamic vinegar and a classic dressing

Chicken Caesar	4.00
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Just as delicious as above with chicken breast

Chicken and bacon Caesar	4.40
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Again as above plus Chicken and crispy smoked bacon

Staal Smokehouse Roast Salmon 4.40

Salmon from the local award winning Smokehouse at Leven with the Caesar Salad

Greek 4.00

Mixed leaves with feta cheese, black and green olives, cherry tomatoes and cucumber tossed in a Mediterranean dressing

Ocean 4.00

Mixed leaves with prawns and tuna cherry tomatoes lemon juice and olive oil with marie rose dressing

Jacket Potatoes

Cheese 3.40

Cheese and beans 3.80

Cheese and coleslaw 3.80

Chicken tikka, Chinese chicken, Mexican chicken 3.90

Tuna mayonnaise 3.90

Prawns with Marie rose sauce 4.40

Chilli Beef 3.90

Pasta Penne pasta with;

Creamy tomato pesto with mozzarella 3.60

Chicken and Arribbiata sauce 4.10

Chilli Beef 4.10

Take out drinks menu

Hot	Regular Large	
Cappuccino	2.20	2.60
Flat White	2.40	2.80
Latte	2.20	2.60
Americano	1.90	2.20
Espresso (double shot)	1.90	
Mochaccino	2.90	3.20
Mochaccino deluxe		3.40

Hot chocolate	2.60
Hot chocolate deluxe	3.20
Tea, green tea, red tea	1.90

Cold

Real Fruit Smoothies	3.00
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1. Pineapple, mango and pear
2. Strawberry, banana and peach
3. Wild blueberry, mango and papaya
4. Raspberry, mango, papaya and grape

Milkshakes	2.50
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Strawberry, Chocolate, Raspberry, Banana, Caramel, Vanilla.

Bottles and cans

Coke, Diet coke, Sprite, Dr Pepper, Fanta fruit twist	1.80
Smartwater/ sparkling water	1.00
Oasis summer fruits or citrus	1.50
Purdey's multi vitamin drink	1.80
Franklin/Fentimans	1.80
Ice Teas lemon or Peach	1.80
Fruit shoots/Simply Fruity, various flavours	90p
Red Bull	1.60
Coke, diet coke can	1.00

Crisps

Pipers Crisps various flavours	90p
Walkers' cheese and onion, Quavers	60p
Doritos tangy cheese or chilli	60p

Snacks

Muffins 1.70

Brownies 1.70